

FALL 2026 FACILITY HOURS

POOL SCHEDULE VARIES THROUGH SEP. 7, SEE BOTTOM OF PAGE FOR DETAILS.

August						
S	M	T	W	T	F	S
			29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

September						
S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	23	27	28	29	30	31

November						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

REFER TO THE LEGEND
BELOW FOR SPECIFIC
FACILITY INFORMATION

FACILITY HOURS
ARE SUBJECT TO
CHANGE

FOLLOW US!
@UNCCAMPUSREC



LEGEND

NORMAL HOURS:	All Facilities	BREAK HOURS:	Rams ONLY; All other CLOSED
BREAK HOURS:	SRC, Kessing; All others CLOSED	LDOC HOURS:	Rams until 11 PM; All other CLOSED at 9 PM
BREAK HOURS:	Woollen Gym CLOSED; All others OPEN break hours	TBD HOURS:	SRC ONLY; All other CLOSED
BREAK HOURS:	Rams, Pools (details below); All others CLOSED	CLOSE AT 6 PM:	All Facilities
FOOTBALL SATURDAYS:	Rams ONLY 9am-12pm; All others CLOSED	CLOSED:	All Facilities

NORMAL HOURS

STUDENT REC CENTER
MON - THU 6:00 AM - 11:00 PM
FRI 6:00 AM - 9:00 PM
SAT 9:00 AM - 6:00 PM
SUN 12:00 PM - 9:00 PM

FETZER HALL
MON - THU 4:00 PM - 11:00 PM
FRI 4:00 PM - 9:00 PM
SAT 9:00 AM - 6:00 PM
SUN 12:00 PM - 9:00 PM

RAMS REC CENTER
MON - THU 9:00 AM - 11:00 PM
FRI 9:00 AM - 11:00 PM
SAT 12:00 PM - 9:00 PM
SUN 12:00 PM - 6:00 PM

BOWMAN GRAY POOL*
MON - THU 6:30 AM - 8:00 AM
12:15 PM - 2:00 PM
4:00 PM - 9:30 PM
FRI 6:30 AM - 8:00 AM
12:15 PM - 8:00 PM
SAT 12:00 PM - 5:00 PM
SUN 12:00 PM - 5:00 PM

WOOLLEN GYM
MON - THU 4:00 PM - 11:00 PM
FRI 4:00 PM - 9:00 PM
SAT 9:00 AM - 6:00 PM
SUN 12:00 PM - 9:00 PM

FETZER CLIMBING WALL
MON - THU 6:00 PM - 10:00 PM
FRI 3:00 PM - 7:00 PM
SAT 1:00 PM - 5:00 PM
SUN 1:00 PM - 5:00 PM

RAMS CLIMBING WALL
MON - THU 5:00 PM - 8:00 PM
FRI 11:00 AM - 3:00 PM
SAT CLOSED
SUN CLOSED

KESSING POOL**
MON - THU 12:15 PM - 8:00 PM
FRI 12:15 PM - 8:00 PM
SAT 12:00 PM - 5:00 PM
SUN 12:00 PM - 5:00 PM

BREAK HOURS

SEE CALENDAR FOR WHICH FACILITIES ARE OPEN DURING BREAKS - CLIMBING WALL HOURS WILL VARY FOR FINALS.

STUDENT REC CENTER
MON - FRI 8:00 AM - 8:00 PM
SAT - SUN 12:00 PM - 6:00 PM

FETZER HALL
MON - FRI 2:00 PM - 8:00 PM
SAT - SUN 12:00 PM - 6:00 PM

RAMS REC CENTER
MON - FRI 8:00 AM - 8:00 PM
SAT - SUN 12:00 PM - 6:00 PM

BOWMAN GRAY POOL
MON - FRI 12:00 PM - 5:00 PM
SAT - SUN 12:00 PM - 5:00 PM

WOOLLEN GYM
MON - FRI CLOSED
SAT - SUN CLOSED

FETZER CLIMBING WALL
MON - FRI CLOSED
SAT - SUN CLOSED

RAMS CLIMBING WALL
MON - FRI CLOSED
SAT - SUN CLOSED

KESSING POOL
MON - FRI 12:00 PM - 7:00 PM
SAT - SUN 12:00 PM - 7:00 PM

*ALL MORNING OPEN SWIM WILL OCCUR AT BOWMAN GRAY STARTING ON 8/17.
** EFFECTIVE 9/7 KESSING POOL WILL CLOSE FOR THE SEASON. ALL OPEN SWIM WILL MOVE TO BOWMAN GRAY.
CHECK OUR WEBSITE/SOCIAL MEDIA FOR UPDATES.