

**UNC Campus Recreation  
Kessing Pool  
Rec/Lap Schedule  
May 31-Aug 14, 2022**

\*Please note schedule changes at the bottom of the page

|               |   |
|---------------|---|
| Monday-Friday | 6:15-8:00am (long course)<br>11:00am-7:00pm |
| Saturday      | 11:00am-7:00pm                              |
| Sunday        | 2:00-7:00pm                                 |

|                                     |                            |
|-------------------------------------|----------------------------|
| <b>Additional Regular Programs:</b> |                            |
| LFIT 110 Summer Session 1 only      | M-Th 11:30am-1:00pm        |
| Swim Lessons                        | M-Th 5:15-6:40pm/Sa 9a-12p |

|                                  |                  |
|----------------------------------|------------------|
| <b>Break Hours</b>               | <b>Closed</b>    |
| <b>M-F 11:30am-2pm, 4-6:30pm</b> | July 2-4         |
| <b>Sa-Su 1:30-4:30pm</b>         | July 30-August 3 |
| August 4-14                      |                  |

**\*Please present your UNC One-Card to the Lifeguard upon entering the pool.**

This schedule is subject to change.

Please find UNC Aquatics on Facebook, Instagram, Twitter,  
or subscribe to our listserv, *poolnews*, for schedule updates.

Contact the Aquatic Director, Catherine Ayers  
at 919-962-0768 or [uncaquatics@unc.edu](mailto:uncaquatics@unc.edu) for more information.