UNC Campus Recreation
Kessing/ Bowman Gray Memorial Pools
Lap Swim Schedule
August 18- September 12, 2021

* Please note changes to the regular schedule at the bottom of the page*
We will swim in Kessing outdoor pool for as long as the weather permits.
Reservations are required for lap swimming in Kessing at stayactive.unc.edu.

<table>
<thead>
<tr>
<th>Kessing/ Bowman Gray Memorial Pool Hours</th>
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<tbody>
<tr>
<td>Monday-Thursday</td>
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<tr>
<td>6:30-8:00am (Bowman Gray)</td>
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<tr>
<td>12:15-2:00pm (Bowman Gray)</td>
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<tr>
<td>4:00-9:30pm (Kessing)</td>
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<td>Friday</td>
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<tr>
<td>6:30-8:00am (Bowman Gray)</td>
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<tr>
<td>12:15-8:00pm (Kessing)</td>
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<tr>
<td>Saturday</td>
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<tr>
<td>12:00-5:00pm (Kessing)</td>
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<tr>
<td>Sunday</td>
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<tr>
<td>2:00-7:00pm (Kessing)</td>
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Additional Regular Programs:
(lap swim lanes are always available when other programs are sharing the pool)
- UNC Swim Club         M,T,W 8-9:30pm/ F 6:30-8pm/Su 3-4pm
- Swim Lessons         M,W 5:15-7:35pm
- Club Kick Start         M,TH 5-7pm/ F 5-6:30p
- EXSS SCUBA Class       T 3:30-6:30pm
- PHYA 235-Beg Swim     T,TH 3:35-4:25pm
- UNC Triathlon Club            TH 7:30-9pm

Break/Final Hours:  
M-F 11:30-2pm, 4-6:30pm  Closed:  
Sa/Su 1:30-4:30pm  Sept 11, 18  
Sep 4-5 (Kessing)  Oct 2, 9, 16, 21-23  
Oct 24  Nov 6, 20, 24-27  
Nov 28  Dec 11-Jan 9  
Dec 2-10

Other notable changes in the schedule:
- September 6th Kessing will be open from 11am-6:30pm
  - October 20th we will close at 5:30pm
  - October 31st we will close at 5pm
- November 23rd we will close at 5:30pm
  - December 1st we will close at 8:30pm

*Please present your UNC One-Card to the Lifeguard upon entering the pool.
Contact the Aquatic Director, Catherine Ayers at 919-962-0768 or UNCAquatics@unc.edu
or check us out at facebook.com/uncaquatics for more information.