UNC Campus Recreation
Kessing Pool
Rec/Lap Schedule
June 3-August 19, 2019

*Please note schedule changes at the bottom of the page

<table>
<thead>
<tr>
<th>Day</th>
<th>Schedule</th>
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<tbody>
<tr>
<td>Monday, Wednesday, Thursday, Friday</td>
<td>6:30-8:00am (long course) 11:00am-8:00pm</td>
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<tr>
<td>Tuesday</td>
<td>6:30-8:00am (long course) 11:00am-7:00pm</td>
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<tr>
<td>Saturday</td>
<td>11:00am-8:00pm</td>
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<tr>
<td>Sunday</td>
<td>2:00-7:00pm</td>
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</tbody>
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**Additional Regular Programs:**
- **LFIT 110**  
  M-Th 11:30am-1:00pm
- **Swim Lessons**  
  M-Th 5:15-6:40pm/Sa 9a-12p
- **Hillsborough Aquatic Club**  
  T, Th 6:30-8am (3 lanes)
- **Water Aerobics Class**  
  T, Th 5:15-6:15p

**Break Hours**
- M-F 11:30am-2pm, 4-6:30pm
- Sa-Su 1:30-4:30pm
- Closed
  - July 4
  - July 31-August 2
  - August 3-18
  - **August 19th we will be open 12-8:30pm**

*Please present your UNC One-Card to the Lifeguard upon entering the pool.*

This schedule is subject to change.

Please find UNC Aquatics on Facebook, Instagram, Twitter, or subscribe to our listserv, poolnews, for schedule updates.

Contact the Aquatic Director, Catherine Ayers at 919-962-0768 or uncaquatics@unc.edu for more information.