

# GROUP FITNESS LDOC/FINALS SCHEDULE

April 27<sup>th</sup> – May 8<sup>th</sup>

FETZER CYCLE STUDIO • SRC STUDIO A • SRC STUDIO B • RAMS

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FRIDAY (4/27)	SUNDAY (4/29)	MONDAY (4/30)	TUESDAY (5/1)	WEDNESDAY (5/2)	THURSDAY (5/3)	FRIDAY (5/4)	SUNDAY (5/6)	MONDAY (5/7)	TUESDAY (5/8)
<b>CARDIO DANCE (45)</b> 12:15 PM SRC A <i>Olivia D.</i>	<b>ZUMBA</b> 3 PM SRC A <i>Sydney</i>	<b>MUSCLE CUT</b> 8 AM SRC B <i>Rose</i>	<b>YOGA</b> 8 AM SRC B <i>Anna W.</i>	<b>MUSCLE CUT</b> 8 AM SRC B <i>Kyle</i>	<b>YOGA</b> 8 AM SRC B <i>Rodrigo</i>	<b>SPRING FLING</b>  NO CLASS	<b>ZUMBA</b> 3 PM SRC A <i>Sydney</i>	<b>MUSCLE CUT</b> 8 AM SRC B <i>Rose</i>	<b>MUSCLE CUT (45)</b> 12:15 PM SRC B <i>Rose</i>
<b>YOGA (45)</b> 12:15 PM Rams <i>Claire</i>	<b>YOGA</b> 3 PM Rams <i>Victoria B</i>	<b>STEP (45)</b> 12:15 PM SRC B <i>Wil</i>	<b>CYCLE (45)</b> 12:15 PM Fetzer <i>Hannah N.</i>	<b>PILATES (45)</b> 12:15 PM SRC B <i>Lauren</i>	<b>KICKBOXING (45)</b> 12:15 PM SRC B <i>Mya</i>		<b>YOGA</b> 3 PM Rams <i>Victoria B</i>	<b>STEP (45)</b> 12:15 PM SRC B <i>Wil</i>	<b>CYCLE (45)</b> 12:15 PM Fetzer <i>Hannah N.</i>
	<b>CYCLE</b> 4 PM Fetzer <i>Skye</i>	<b>CYCLE (45)</b> 12:15 Fetzer <i>Catherine B.</i>	<b>MUSCLE CUT</b> 12:15 PM SRC B <i>Lauren</i>	<b>CYCLE</b> 4 PM Fetzer <i>Andrea</i>	<b>CYCLE (45)</b> 12:15 PM Fetzer <i>Hannah N.</i>		<b>CYCLE</b> 4 PM Fetzer <i>Skye</i>	<b>CYCLE (45)</b> 12:15 Fetzer <i>Catherine B.</i>	
	<b>MUSCLE CUT</b> 4 PM SRC B <i>Amanda B.</i>	<b>YOGA</b> 4 PM Rams <i>Elizabeth</i>	<b>MUSCLE CUT</b> 5:15 PM SRC B <i>Maria P.</i>	<b>3-2-1 (45)</b> 5:15 PM SRC B <i>Carrington</i>	<b>YOGA</b> 4 PM Rams <i>Scott</i>		<b>MUSCLE CUT</b> 4 PM SRC B <i>Amanda B.</i>	<b>CARDIO BLAST (45)</b> 5:15 PM SRC A <i>Carrington</i>	
		<b>CARDIO BLAST (45)</b> 5:15 PM SRC A <i>Carrington</i>	<b>ZUMBA</b> 5:15 PM SRC A <i>Hailey</i>	<b>BARRE</b> 5:15 PM Rams <i>Heather</i>	<b>MUSCLE CUT</b> 5:15 PM SRC B <i>Audrey D.</i>			<b>ABSOLUTION (20)</b> 6:10 PM SRC A <i>Carrington</i>	
		<b>ABSOLUTION (20)</b> 6:10 PM SRC A <i>Carrington</i>	<b>CYCLE</b> 6 PM Fetzer <i>Hannah D.</i>	<b>ABSOLUTION (20)</b> 6:10 PM SRC B <i>Carrington</i>	<b>ZUMBA</b> 5:15 PM SRC A <i>Marie</i>			<b>MUSCLE CUT BARBELLS</b> 6:30 PM SRC B <i>Rebecca D.</i>	
			<b>ABSOLUTION (20)</b> 6:25 PM SRC B <i>Maria P.</i>						

<b>MUSCLE CUT BARBELLS</b> 6:30 PM SRC B <i>Rebecca D.</i>	<b>BARRE</b> 6:30 PM Rams <i>Arshya</i>	<b>DESTRESS YOGA</b> 6:30 PM Rams <i>Rigo</i>	<b>BARRE</b> 5:15 PM Rams <i>Genna</i>
<b>YOGA</b> 6:30 PM Rams <i>Anna W.</i>	<b>INSANITY</b> 6:30 PM SRC A <i>Chris</i>		<b>CYCLE</b> 6 PM Fetzler <i>Skye</i>
			<b>ABSOLUTION (20)</b> 6:25 PM SRC B <i>Audrey D.</i>
			<b>KICKBOXING</b> 6:30 PM SRC A <i>Karolyne H.</i>

**YOGA**  
 6:30-7:30 PM  
 Rams  
*Anna W.*

GROUP EXERCISE POLICIES: Please refer to the group exercise policies posted on our website and in the studio. **\*SUBJECT TO CHANGE\***

