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Welcome to the University of North Carolina at Chapel Hill!

The Sport Clubs program hopes you and your team will enjoy Chapel Hill and the UNC campus during your stay.

This guide contains information that will assist you in planning your stay in the Chapel Hill area. The UNC campus, Chapel Hill, and surrounding areas provide numerous activities for lodging and dining.

Please feel free to contact any of the UNC Sport Programs professional staff members, any Sport Club Executive Board Member, or respective Sport Club President for additional assistance during your stay. As always, we wish the best of success to you and your team during the season and we hope you enjoy your time in Chapel Hill.

Mailing Address:
University of North Carolina at Chapel Hill
Campus Recreation
101 Student Recreation Center CB #8610
Chapel Hill, NC 27599
Phone: (919) 843-PLAY (7529)
Fax: (919) 962-2876

UNC Sport Clubs Website: http://campusrec.unc.edu/programs/sport-clubs/

UNC Sport Clubs Facebook: UNC Sport Clubs

UNC Sport Clubs Twitter: @UNCSportClubs

UNC Sport Clubs Instagram: UNCSportClubs
<table>
<thead>
<tr>
<th>SPORT CLUB</th>
<th>PRESIDENT'S NAME</th>
<th>PRESIDENT'S EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aikido Club</td>
<td>Vimy Dang</td>
<td><a href="mailto:vndang@live.unc.edu">vndang@live.unc.edu</a></td>
</tr>
<tr>
<td>Badminton Club</td>
<td>Dazhe Chen</td>
<td><a href="mailto:kenny.chendazhe@gmail.com">kenny.chendazhe@gmail.com</a></td>
</tr>
<tr>
<td>Ballroom Dance Club</td>
<td>Nathan Owens</td>
<td><a href="mailto:nowens95@live.unc.edu">nowens95@live.unc.edu</a></td>
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<tr>
<td>Baseball</td>
<td>Alan Sharpe</td>
<td><a href="mailto:asharpe5@live.unc.edu">asharpe5@live.unc.edu</a></td>
</tr>
<tr>
<td>Basketball (M)</td>
<td>Alexander Neal</td>
<td><a href="mailto:aheal@live.unc.edu">aheal@live.unc.edu</a></td>
</tr>
<tr>
<td>Basketball (W)</td>
<td>Courtney Beals</td>
<td><a href="mailto:courtney.beals95@gmail.com">courtney.beals95@gmail.com</a></td>
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<tr>
<td>Bass Fishing</td>
<td>Kenneth Ellington</td>
<td><a href="mailto:kenneth_ellington@Kenan-Flagler.unc.edu">kenneth_ellington@Kenan-Flagler.unc.edu</a></td>
</tr>
<tr>
<td>Cheerleading (All-Girl)</td>
<td>Caitlin Obermeyer</td>
<td><a href="mailto:cobermey@live.unc.edu">cobermey@live.unc.edu</a></td>
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<tr>
<td>Climbing Club</td>
<td>Kerry Scott</td>
<td><a href="mailto:kmarie@live.unc.edu">kmarie@live.unc.edu</a></td>
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<tr>
<td>Crew (M)</td>
<td>Christian Lochbaum</td>
<td><a href="mailto:clochbau@live.unc.edu">clochbau@live.unc.edu</a></td>
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<tr>
<td>Cross Country/Track</td>
<td>Dustin Sneed</td>
<td><a href="mailto:sneedp@live.unc.edu">sneedp@live.unc.edu</a></td>
</tr>
<tr>
<td>Cycling</td>
<td>Jill Caputi</td>
<td><a href="mailto:caputi@live.unc.edu">caputi@live.unc.edu</a></td>
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<tr>
<td>Equestrian</td>
<td>Laurel Sykes</td>
<td><a href="mailto:lalaurel@live.unc.edu">lalaurel@live.unc.edu</a></td>
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<tr>
<td>Field Hockey</td>
<td>Cameron Hardie</td>
<td><a href="mailto:jchardie@live.unc.edu">jchardie@live.unc.edu</a></td>
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<tr>
<td>Football</td>
<td>Cody Garris</td>
<td><a href="mailto:Codyharris@gmail.com">Codyharris@gmail.com</a></td>
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<tr>
<td>Golf</td>
<td>Michael Sanders</td>
<td><a href="mailto:michael8@live.unc.edu">michael8@live.unc.edu</a></td>
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<td>Gymnastics</td>
<td>Jenny Mooney</td>
<td><a href="mailto:jmoooney@live.unc.edu">jmoooney@live.unc.edu</a></td>
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<tr>
<td>Ice Hockey</td>
<td>Joe Baglio</td>
<td><a href="mailto:jbags19@live.unc.edu">jbags19@live.unc.edu</a></td>
</tr>
<tr>
<td>Judo</td>
<td>Yongjin (John) Kwon</td>
<td><a href="mailto:yongjink@email.unc.edu">yongjink@email.unc.edu</a></td>
</tr>
<tr>
<td>Lacrosse (W)</td>
<td>Julie Wulforst</td>
<td><a href="mailto:wulforst@live.unc.edu">wulforst@live.unc.edu</a></td>
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<tr>
<td>Marathon</td>
<td>Max Patel</td>
<td><a href="mailto:patelmn@live.unc.edu">patelmn@live.unc.edu</a></td>
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<tr>
<td>Modernextension</td>
<td>Sarah Richardson</td>
<td><a href="mailto:richarse@live.unc.edu">richarse@live.unc.edu</a></td>
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<tr>
<td>Monkey Kung Fu</td>
<td>Maryam Kazemzadeh-Atoufi</td>
<td><a href="mailto:mkazemza@live.unc.edu">mkazemza@live.unc.edu</a></td>
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<tr>
<td>Quidditch</td>
<td>Justin Cole</td>
<td><a href="mailto:nc0005@live.unc.edu">nc0005@live.unc.edu</a></td>
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<tr>
<td>Racquetball</td>
<td>Gregory Leeman</td>
<td><a href="mailto:leeman@live.unc.edu">leeman@live.unc.edu</a></td>
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<tr>
<td>Rugby (M)</td>
<td>Tius Ragan Johnson</td>
<td><a href="mailto:tius1895@live.unc.edu">tius1895@live.unc.edu</a></td>
</tr>
<tr>
<td>Rugby (W)</td>
<td>Malia Suhren</td>
<td><a href="mailto:suhren@live.unc.edu">suhren@live.unc.edu</a></td>
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<tr>
<td>Sailing Club</td>
<td>Shephard Byles</td>
<td><a href="mailto:shepb@live.unc.edu">shepb@live.unc.edu</a></td>
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<tr>
<td>Ski and Snowboard Team</td>
<td>Will Givens</td>
<td><a href="mailto:wgivens@live.unc.edu">wgivens@live.unc.edu</a></td>
</tr>
<tr>
<td>Soccer (M)</td>
<td>Alec Breve Mazzoni</td>
<td><a href="mailto:brevemaz@live.unc.edu">brevemaz@live.unc.edu</a></td>
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<tr>
<td>Soccer- Blue (W)</td>
<td>Paige Trexler</td>
<td><a href="mailto:paigetre@live.unc.edu">paigetre@live.unc.edu</a></td>
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<td>Soccer- White (W)</td>
<td>Rachel Schwab</td>
<td><a href="mailto:rschwab@live.unc.edu">rschwab@live.unc.edu</a></td>
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<tr>
<td>Softball</td>
<td>Veronica Dziuk</td>
<td><a href="mailto:dziuk@live.unc.edu">dziuk@live.unc.edu</a></td>
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<td>Swim Club</td>
<td>Michael Kirchner</td>
<td><a href="mailto:Michael_Kirchner@kenan-flagler.unc.edu">Michael_Kirchner@kenan-flagler.unc.edu</a></td>
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<tr>
<td>Table Tennis</td>
<td>Steven Deepee</td>
<td><a href="mailto:sdeepee@live.unc.edu">sdeepee@live.unc.edu</a></td>
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<tr>
<td>Taekwondo</td>
<td>Hayley Stratton</td>
<td><a href="mailto:hstrat22@live.unc.edu">hstrat22@live.unc.edu</a></td>
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<tr>
<td>Team Handball (M)</td>
<td>Joe Piscitelli</td>
<td><a href="mailto:jpiscte@email.unc.edu">jpiscte@email.unc.edu</a></td>
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<tr>
<td>Team Handball (W)</td>
<td>Madison Hoke</td>
<td><a href="mailto:mlhoke@live.unc.edu">mlhoke@live.unc.edu</a></td>
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<tr>
<td>Tennis</td>
<td>Sarah French</td>
<td><a href="mailto:sfrench7@live.unc.edu">sfrench7@live.unc.edu</a></td>
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<td>Triathlon</td>
<td>Will Krakow</td>
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<tr>
<td>Ultimate Blue (M)</td>
<td>Jesse Kovacs</td>
<td><a href="mailto:jjk07@live.unc.edu">jjk07@live.unc.edu</a></td>
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<tr>
<td>Ultimate Blue (W)</td>
<td>Anne Worth</td>
<td><a href="mailto:annenna@live.unc.edu">annenna@live.unc.edu</a></td>
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<tr>
<td>Ultimate White (M)</td>
<td>Jackson Jones</td>
<td><a href="mailto:jwarrenj@live.unc.edu">jwarrenj@live.unc.edu</a></td>
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<tr>
<td>Ultimate White (W)</td>
<td>Katie Edmiston</td>
<td><a href="mailto:cgedmist@live.unc.edu">cgedmist@live.unc.edu</a></td>
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<td>Volleyball (M)</td>
<td>Jack Cordes</td>
<td><a href="mailto:jrcordes@live.unc.edu">jrcordes@live.unc.edu</a></td>
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<td>Volleyball (W)</td>
<td>Felicia Painter</td>
<td><a href="mailto:fpainter@live.unc.edu">fpainter@live.unc.edu</a></td>
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<td>Water Polo (M)</td>
<td>Michael Kirchner</td>
<td><a href="mailto:Michael_kirchner@kenan-flagler.unc.edu">Michael_kirchner@kenan-flagler.unc.edu</a></td>
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<td>Water Polo (W)</td>
<td>Deanna Milunas</td>
<td><a href="mailto:dmilunas@live.unc.edu">dmilunas@live.unc.edu</a></td>
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<tr>
<td>Waterski and Wakeboard</td>
<td>Caroline Werk</td>
<td><a href="mailto:caroline_werk@kenan-flagler.unc.edu">caroline_werk@kenan-flagler.unc.edu</a></td>
</tr>
<tr>
<td>Wrestling</td>
<td>Thomas Singley</td>
<td><a href="mailto:tjs@live.unc.edu">tjs@live.unc.edu</a></td>
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</table>
Justin Ford, Assistant Director of Sport Programs

Justin is a true North Carolinian, growing up in Concord, N.C. He received a B.S. Degree in Biological Sciences from NC State University in 2003. After completing his degree, Justin became the intramural sports intern for UNC-Chapel Hill Campus Recreation. From there he climbed the ladder, becoming the Intramural Sports Coordinator for four years, the Assistant Director for Intramural Sports for eight years, and is now serving as the Assistant Director for Sport Programs (Intramural Sports and Sport Clubs). He enjoys exercise, food, and officiating high school football and basketball.

Tori Hooker, Coordinator of Sport Programs

Tori was born and raised in North Carolina and is a proud UNC alumna (Class of 2007) with an Exercise & Sport Science B.A., with a concentration in Sport Administration. Soon after graduating, she became the intramural sports intern at UNC. Tori was the Intramural Sports Coordinator for 8 years and is now serving as the Coordinator of Sport Programs (Intramural Sports and Sport Clubs). She received her M.S. in Parks & Recreation Management in August 2011 from UNC-Greensboro. She enjoys spending time with her family and friends and staying active with her husband, CJ, and son, Amare.

Meghan Fulton MA, Sport Clubs Head Athletic Trainer

Meghan is starting her 7th year as the Head Athletic Trainer for Sport Clubs. Meghan directs Sports Medicine services for all athletes participating in Sport Clubs at UNC. These services include: injury assessment, rehabilitation, management, and prevention; Athletic Training coverage of home Sport Club competitions; Injury Clinic, and physician referrals. Meghan has a particular interest in post-surgical rehabilitation and injury prevention through corrective exercise. If you are in need of Sports Medicine services, please call (919) 966-6548.
SPORT CLUBS EXECUTIVE BOARD

The UNC Sport Clubs Executive Board is a committee of student leaders that represent the Sport Clubs program. Chosen by the Sport Clubs staff, these individuals are charged with providing student leadership and involvement to the program. Responsibilities include determining annual student fee budget allocations, assisting with Sport Clubs community service projects, promoting Sport Clubs initiatives and events, admitting new members to the Sport Clubs program, assisting in the discipline process for major policy violations, and providing advisement and feedback to the UNC Sport Clubs staff.

2016-2017 Sport Clubs Executive Board

Rachel Schwab
Executive Board President | Women’s Soccer White – rmschwab10@gmail.com

Jennifer Mooney
Executive Board Member | Gymnastics – jkmooney@live.unc.edu

Alan Sharpe
Executive Board Member/CRAC Representative | Baseball – asharpe5@live.unc.edu

Graham Hausfeld
Executive Board Member | Ski & Snowboard – hausfeld@live.unc.edu

Lauren Wagaman
Executive Board Member | Tae Kwon Do – lauren_wagaman@kenan-flagler.unc.edu
DIRECTIONS TO CHAPEL HILL

If Coming From the North:

**On I-77:**
- Take I-77 to Hwy 52 and continue south. Take 52 until it meets I-40 in Winston-Salem, NC. I-40 will take you to Chapel Hill. Take Exit 270 (Hwy 15-501) or Exit 273 (Hwy 54).

**On Hwy 29:**
- Take 29 South until it meets with I-85/I-40 in Greensboro, NC.
- I-40 will take you to Chapel Hill. Take Exit 270 (Hwy 15-501) or Exit 273 (Hwy 54).

**On I-95:**
- Take I-95 until it meets with I-85 South around Petersburg, VA. Stay on I-85 until it meets with Hwy 15-501 near Durham, NC. 15-501 will take you into Chapel Hill.

**On I-95 South of Petersburg, VA:**
- Take I-95 South until it meets Hwy 64 near Rocky Mount, NC. Take Hwy 64 West until it meets I-40 near Raleigh, and then I-40 West will take you to Chapel Hill. Take Exit 273B.

**On I-85:**
- Take I-85 until it meets with Hwy 15-501 around Durham, NC. 15-501 will take you into Chapel Hill.

If Coming From the South:

**On I-77:**
- Take I-77 until it meets I-85 North in Charlotte, NC. I-85 and I-40 merge into one in Greensboro. Follow the signs for I-40 from here and it will take you to Chapel Hill. Take Exit 270 (Hwy 15-501) or Exit 273 (Hwy 54).

**On I-95:**
- Take I-95 until it meets I-40. Take I-40 West and it will take you to Chapel Hill. Take Exit 273B.

**On Hwy 1:**
- Take Hwy 1 until it meets with Hwy 15-501 near Pittsboro. Get on 15-501 and it will take you to Chapel Hill.
DIRECTIONS TO RECREATIONAL FACILITIES

HOOKER FIELDS

From Virginia and Points North:
Take I-85 South to Durham, N.C. Exit left at US-15/501 in Durham and follow 15/501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain 15/501 Bypass (Fordham Blvd.). Around the 7th stoplight, turn right on Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Turn right on South Road. Go through traffic light; Hooker Fields are on right across from Carmichael Arena.

From Points West:
Take I-85 North towards Durham, N.C. Exit just past Burlington onto NC-54 East (exit #148, Chapel Hill). Follow NC-54 for approximately 20 miles to Carrboro. Go through two stoplights and stay on NC-54 until the next stoplight. Turn left at light onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Turn right on South Road. Go through traffic light; Hooker Fields are on right across from Carmichael Arena.

From Points East:
Take I-40 West to Chapel Hill. Exit at NC-54 West (exit #273 A) and follow for approximately 4 miles. After the US-15/501 overpass, continue straight on NC-54 into campus. Hooker Fields are 1/3 mile on left across from Carmichael Arena before 3-way stoplight.

From Points South:
Take US-15/50 North to Chapel Hill. Exit right onto 15/501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Turn right on South Road. Go through traffic light; Hooker Fields are on right across from Carmichael Arena.

EHRINGHAUS FIELDS

From Virginia and Points North:
Take I-85 South to Durham, N.C. Exit left at US-15/501 in Durham and follow 15/501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain 15/501 Bypass (Fordham Blvd.). Around the 7th stoplight, turn right on Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/4 mile until Ehringhaus Field on right.
From Points West:
Take I-85 North towards Durham, N.C. Exit just past Burlington onto NC-54 East (exit #148, Chapel Hill). Follow NC-54 for approximately 20 miles to Carrboro. Go through two stoplights and stay on NC-54 until the next stoplight. Turn left at light onto Manning Drive. Continue on Manning until first stoplight. Turn right at light on to Ridge Road. Continue on Ridge Road approximately 1/4 mile until Ehringhaus Field on right.

From Points East:
Take I-40 West to Chapel Hill. Exit at NC-54 West (exit #273 A) and follow for approximately 4 miles. After the US-15/501 overpass, continue straight on NC-54 until the next stoplight. Turn left at stoplight onto Country Club Road. Make immediate right onto Ridge Road. Continue on Ridge Road approximately 1/2 mile until Ehringhaus Field on left.

From Points South:
Take US-15/50 North to Chapel Hill. Exit right onto 15/501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/4 mile until Ehringhaus Field on right.

FETZER GYM

From Virginia and Points North:
Take I-85 South to Durham, N.C. Exit left at US-15/501 in Durham and follow 15/501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain 15/501 Bypass (Fordham Blvd.). Around the 7th stoplight, turn right on Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Turn right on South Road. Fetzer Gym is on right just before traffic light.

From Points West:
Take I-85 North towards Durham, N.C. Exit just past Burlington onto NC-54 East (exit #148, Chapel Hill). Follow NC-54 for approximately 20 miles to Carrboro. Go through two stoplights and stay on NC-54 until the next stoplight. Turn left at light onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Turn right on South Road. Fetzer Gym is on right just before traffic light.

From Points East:
Take I-40 West to Chapel Hill. Exit at NC-54 West (exit #273 A) and follow for approximately 4 miles. After the US-15/501 overpass, continue straight on NC-54 into campus. Fetzer Gym is on left just past the three-way traffic light.

From Points South:
Take US-15/50 North to Chapel Hill. Exit right onto 15/501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Fetzer Gym is on right just before traffic light.
WOOLLEN GYM

From Virginia and Points North:
Take I-85 South to Durham, N.C. Exit left at US-15/501 in Durham and follow 15/501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain 15/501 Bypass (Fordham Blvd.). Around the 7th stoplight, turn right on Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Turn right on South Road. Woollen Gym is on right just after traffic light.

From Points West:
Take I-85 North towards Durham, N.C. Exit just past Burlington onto NC-54 East (exit #148, Chapel Hill). Follow NC-54 for approximately 20 miles to Carrboro. Go through two stoplights and stay on NC-54 until the next stoplight. Turn left at light onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Turn right on South Road. Fetzer Gym is on right just after traffic light.

From Points East:
Take I-40 West to Chapel Hill. Exit at NC-54 West (exit #273 A) and follow for approximately 4 miles. After the US-15/501 overpass, continue straight on NC-54 into campus. Woollen Gym is on left just before the three-way traffic light.

From Points South:
Take US-15/50 North to Chapel Hill. Exit right onto 15/501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive and continue until Stadium ends on South Road. Woollen Gym is on right just after traffic light.

RAMS HEAD RECREATION CENTER

From Virginia and Points North:
Take I-85 South to Durham, N.C. Exit left at US-15/501 in Durham and follow 15/501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain 15/501 Bypass (Fordham Blvd.). Around the 7th stoplight, turn right on Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/4 mile until the first road on the left (immediately after the visitor parking lot). Turn left on Stadium Drive. Kenan Stadium is on the left immediately after the Alumni Center. On foot, turn left in front of Kenan Stadium. Follow the path down to Rams Head.
**From Points West:**
Take I-85 North towards Durham, N.C. Exit just past Burlington onto NC-54 East (exit #148, Chapel Hill). Follow NC-54 for approximately 20 miles to Carrboro. Go through two stoplights and stay on NC-54 until the next stoplight. Turn left at light onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/4 mile until the first road on the left (immediately after the visitor parking lot). Turn left on Stadium Drive. Kenan Stadium is on the left immediately after the Alumni Center. On foot, turn left in front of Kenan Stadium. Follow the path down to Rams Head.

**From Points East:**
Take I-40 West to Chapel Hill. Exit at NC-54 West (exit #273 A) and follow for approximately 4 miles. After the US-15/501 overpass, continue straight on NC-54 until the next stoplight. Turn left at stoplight onto Country Club Road. Make immediate right onto Ridge Road. Continue on Ridge Road approximately 1/2 mile until first road on the right (immediately after Francis E. Henry stadium). Turn right on Stadium Drive. Kenan Stadium is on the left immediately after the Alumni Center. On foot, turn left in front of Kenan Stadium. Follow the path down to Rams Head.

**From Points South:**
Take US-15/50 North to Chapel Hill. Exit right onto 15/501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/4 mile until the first road on the left (immediately after the visitor parking lot). Turn left on Stadium Drive. Kenan Stadium is on the left immediately after the Alumni Center. On foot, turn left in front of Kenan Stadium. Follow the path down to Rams Head.

**KOURY NATATORIUM**

**From Virginia and Points North:**
Take I-85 South to Durham, NC. Exit left at US 15-501 in Durham and follow 15-501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain US 15-501 Bypass (Fordham Boulevard). At around the 7th stoplight, turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

**From Points West:**
Take I-85 North toward Durham. Exit just past Burlington onto NC 54 East (Exit #148, Chapel Hill Exit). Follow NC 54 for approximately 20 miles to Carrboro. Pass Carrboro Plaza on the right and stay on NC 54 for about 4 miles to the next stoplight, Manning Drive. Turn left on Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

**From Points East:**
Take I-40 West toward Chapel Hill. Exit at NC 54 West (Exit #273 A) and follow for approximately 4 miles. Once in Chapel Hill, continue to follow signs for NC 54 West, which means you will have to exit right under first overpass. At the top of the exit turn right at light. Follow NC 54 West/15-501 South until the 2nd stoplight. Turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.
From Points South:
Take US 15-50 North toward Chapel Hill. Exit right onto US 15-501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

KESSING OUTDOOR POOL

From Virginia and Points North:
Take I-85 South to Durham, N.C. Exit left at US-15/501 in Durham and follow 15/501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain 15/501 Bypass (Fordham Blvd.). Around the 7th stoplight, turn right on Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive. Kessing Outdoor Pool is on right behind Woollen Gym.

From Points West:
Take I-85 North towards Durham, N.C. Exit just past Burlington onto NC-54 East (exit #148, Chapel Hill). Follow NC-54 for approximately 20 miles to Carrboro. Go through two stoplights and stay on NC-54 until the next stoplight. Turn left at light onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive. Kessing Outdoor Pool is on right behind Woollen Gym.

From Points East:
Take I-40 West to Chapel Hill. Exit at NC-54 West (exit #273 A) and follow for approximately 4 miles. After the US-15/501 overpass, continue straight on NC-54 into campus. Turn left on Stadium Drive. Kessing Outdoor Pool is on left behind Woollen Gym.

From Points South:
Take US-15/50 North to Chapel Hill. Exit right onto 15/501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road until first road on left. Turn left onto Stadium Drive. Kessing Outdoor Pool is on right behind Woollen Gym.

OUTDOOR EDUCATION CENTER

From I-40 East:
Get off at Highway 54 (exit 273A to Chapel Hill). Go under bypass and the road turns into South Road. At the top of the hill (the first stop light) is Country Club Road. Turn left and stay left. See directions below FROM COUNTRY CLUB ROAD.

From I-40 West:
Get off at 15/501 towards Chapel Hill. Take this past the Franklin Street exit and stay on 15/501. Go past Estes Drive, get into the right lane, and get off at the first exit that says to UNC. At the top of the hill is Country Club Road. Turn left and stay left. See directions below FROM COUNTRY CLUB ROAD.
**From Downtown Franklin Street:**
Turn right onto Raleigh Road. At the first light turn left onto Country Club Road. Stay to the right of the fork. At the next light (intersection of Country Club and South Road) go straight. See directions below FROM COUNTRY CLUB ROAD.

**From Country Club Road:**
Once you have turned onto Country Club Road, stay to the left. Go past Laurel Hill Road. 50 feet beyond Laurel Hill Road there are parking spaces and a driveway between the spaces. Turn right at the driveway and follow it to the parking area.

**ANDERSON SOFTBALL STADIUM**

From Virginia and Points North:
Follow I-85 South to 15-501 South By-Pass. Once on 15-501, follow signs to Chapel Hill. Turn Right onto NC 54 (Follow sign to UNC-Chapel Hill campus). Then turn Left at the UNC General Administration building before reaching Country Club Road. Drive to the back, left-hand corner of the parking lot. The field will be in front of you.

From Points West:
Follow I-40 East to Exit 273B (NC54W). Then follow Highway 54 into Chapel Hill. You will drive under 15-501 and then turn Left at the UNC General Administration building before reaching Country Club Road. Drive to the back, left-hand corner of the parking lot. The field will be in front of you.

From Points East:
Follow I-40 West to Exit 273B (NC54W) and then follow directions from the West.

From Points South:

**HENRY STADIUM/ NAVY FIELD**

From Virginia and Points North:
Take I-85 South to Durham, N.C. Exit left at US-15/501 in Durham and follow 15/501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain 15/501 Bypass (Fordham Blvd.). Around the 7th stoplight, turn right on Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/2 mile until Henry Stadium on left.
From WEST of Chapel Hill:
Take I-85 North toward Durham, N.C. Exit just past Burlington onto NC-54 East (exit #148, Chapel Hill). Follow NC-54 for approximately 20 miles to Carrboro. Go through two stoplights and stay on NC-54 until the next stoplight. Turn left at light onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/2 mile until Henry Stadium on left.

From EAST of Chapel Hill:
Take I-40 West to Chapel Hill. Exit at NC-54 West (exit #273 A) and follow for approximately 4 miles. After the US-15/501 overpass, continue straight on NC-54 until the next stoplight. Turn left at stoplight onto Country Club Road. Make immediate right onto Ridge Road. Continue on Ride Road approximately 1/2 mile until Henry Stadium on right.

From SOUTH of Chapel Hill:
Take US-15/50 North to Chapel Hill. Exit right onto 15/501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. Continue on Manning until first stoplight. Turn right at light onto Ridge Road. Continue on Ridge Road approximately 1/2 mile until Henry Stadium on left.

TRIANGLE SPORTSPLEX

From I-85:
Take exit 165 and go North on NC86. Turn Right onto Business 70. The SportsPlex will be approximately one half mile on your right.

From I-40:
Take exit 266 and go North on NC86. Turn Right onto Business 70. The SportsPlex will be approximately one half mile on your right.
CAMPUS MAP

Indoor facilities
1. Bowman Gray Indoor Pool
2. Campus Rec Underground (lower level of the Carolina Union)
3. Fetzer Gym
4. Rams Head Recreation Center - RHRC
5. Student Recreation Center - SRC
6. Woollen Gym

Outdoor facilities
7. Carolina Outdoor Education Center - COEC
8. Ehringhaus Field
9. Hooker Fields
10. North Campus Recreation Courts - NCRC
11. South Campus Recreation Complex - SCRC
VISITOR PARKING ON CAMPUS

UNC offers many options to visitors for parking during their stay on campus. Day parking is available in the Raleigh Road Visitors Lot, near the intersection of South Road and Country Club Road. Hourly rates do apply. Rams Head, Craige, and Cobb are parking decks located on campus. They are $1.50 per hour. Meter parking is available in front of Hooker fields, Monday - Friday 7a.m until 9p.m. Free parking is also offered on Stadium Drive after 5p.m. Monday – Friday, and free all day on Saturday and Sunday.

Division of Parking Services

http://move.unc.edu/parking/visitor-parking/
## DINING ON FRANKLIN STREET

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bandidos</strong></td>
<td>159 East Franklin Street</td>
<td>(919) 967-5048</td>
<td>bandidoscafe.com/</td>
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<td></td>
<td>Chapel Hill, NC 27514</td>
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<tr>
<td><strong>Breadmen's</strong></td>
<td>324 W. Rosemary Street</td>
<td>(919) 967-7110</td>
<td><a href="http://www.breadmens.com">www.breadmens.com</a></td>
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<td>Chapel Hill, NC 27516</td>
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<tr>
<td><strong>Carolina Brewery</strong></td>
<td>460 W. Franklin Street</td>
<td>(919) 942-1800</td>
<td><a href="http://www.carolinabrewery.com">www.carolinabrewery.com</a></td>
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<td>Chapel Hill, NC 27516</td>
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<tr>
<td><strong>Four Corners</strong></td>
<td>175 E. Franklin Street</td>
<td>(919) 537-8230</td>
<td><a href="http://www.fourcornersgrille.com/">www.fourcornersgrille.com/</a></td>
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<td>Chapel Hill, NC 27514</td>
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<tr>
<td><strong>Jimmy Johns</strong></td>
<td>306 W. Franklin Street</td>
<td>(919) 968-7827</td>
<td><a href="http://www.jimmyjohns.com">www.jimmyjohns.com</a></td>
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<tr>
<td><strong>Mama Dip's Kitchen</strong></td>
<td>408 W. Rosemary Street</td>
<td>(919) 942-5837</td>
<td><a href="http://www.mamadips.com">www.mamadips.com</a></td>
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<tr>
<td><strong>McAlister's Deli</strong></td>
<td>205 E. Franklin Street</td>
<td>(919) 969-1102</td>
<td><a href="http://www.mcalistersdeli.com/">www.mcalistersdeli.com/</a></td>
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<td>Chapel Hill, NC 27514</td>
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<tr>
<td><strong>Mellow Mushroom</strong></td>
<td>310 W Franklin Street</td>
<td>(919) 929-1941</td>
<td>mellowmushroom.com/</td>
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<td>Chapel Hill, NC 27514</td>
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<tr>
<td><strong>Panera Bread</strong></td>
<td>213 W. Franklin Street</td>
<td>(919) 929-9189</td>
<td><a href="http://www.panerabread.com">www.panerabread.com</a></td>
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<tr>
<td><strong>R&amp;R Grill</strong></td>
<td>137 E. Franklin Street</td>
<td>919-240-4411</td>
<td><a href="http://www.rnrgrill.com">www.rnrgrill.com</a></td>
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<tr>
<td><strong>Spanky's Uptown</strong></td>
<td>101 E. Franklin Street</td>
<td>(919) 967-2678</td>
<td><a href="http://www.spankysrestaurant.com">www.spankysrestaurant.com</a></td>
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<td>Chapel Hill, NC 27514</td>
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<tr>
<td><strong>Sutton's Drug Store</strong></td>
<td>159 East Franklin Street</td>
<td>(919) 942-5161</td>
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<td>Chapel Hill, NC 27514</td>
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<tr>
<td><strong>Top of the Hill</strong></td>
<td>100 E. Franklin Street</td>
<td>(919) 929-8676</td>
<td><a href="http://www.topofthehillrestaurant.com">www.topofthehillrestaurant.com</a></td>
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<td>Chapel Hill, NC 27514</td>
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<tr>
<td><strong>Chipotle</strong></td>
<td>301 W. Franklin Street</td>
<td>(919) 942-2091</td>
<td><a href="http://www.chipotle.com">www.chipotle.com</a></td>
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<td>Chapel Hill, NC 27516</td>
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DINING ON UNC CAMPUS

For all dining options on campus and to see updated hours of operation, please visit: http://menus.dining.unc.edu/

Wendy’s
Location: Student Union (Entrance off of South Road, across from the Student Recreation Center)
Hours: Sunday – Wednesday, 10:30am – 2:00am
       Thursday – Saturday, 10:30am – 3:00am

Alpine Bagel Café
Location: Student Union, Located on the floor above street level
Hours: Monday – Thursday, 7:00am – Midnight
       Friday, 7:00am – 10:00pm
       Saturday, 9:00am – 10:00 pm
       Sunday, 11:00am – Midnight

The Pit Stop Convenience Store and Food Mart
Location: Student Stores (South Road, Located on the floor above street level)
Hours: Monday – Thursday, 7:30am – 11:30pm
       Friday, 7:30am – 8:00pm
       Saturday, 10:00am – 6:00pm
       Sunday, 1:00pm – 6:00pm

Rams Head Market & Subway
Location: Rams Head Center (Located next to the entrance to the Rams Head Parking Deck & across from Ehringhaus Field)
Hours: Monday – Thursday, 9:00am – Midnight
       Friday, 9:00am – 9:00pm
       Saturday, 11:00am – 9:00pm
       Sunday, 11:00am – Midnight

Starbucks at Rams Head
Location: Rams Head Dining Hall (Located next to Rams Head Recreation Center)
Hours: Monday – Thursday, 7:00am – Midnight
       Friday, 7:00am – 9:00pm
       Saturday, 9:00am – 9:00pm
       Sunday, 9:00am – Midnight
LODGING IN CHAPEL HILL

Preferred Hotel
University Inn
1301 N. Fordham Boulevard
Chapel Hill, NC  27514
(919) 929-2171
www.chapelhilluniversityinn.com/

Additional Hotels
Courtyard By Marriott Chapel Hill
100 Marriott Way
Chapel Hill, NC  27517
(919) 883-0700
www.marriott.com/courtyard/.

Days Inn
1312 North Fordham Boulevard
Chapel Hill, NC  27514
(919) 929-3090
www.daysinn.com

The Franklin Hotel
311 West Franklin Street
Chapel Hill, NC  27514
(919) 442-9000
www.franklinhotelnc.com

Hampton Inn Chapel Hill-Carrboro
370 E. Main Street
Carrboro, NC  27510
(919) 969-6988
www.hamptoninn.com

Hampton Inn Chapel Hill/Durham
6121 Farrington Road
Chapel Hill, NC  27517
(919) 403-8700
www.hamptoninn.hilton.com

Holiday Inn Express
6119 Farrington Road
Chapel Hill, NC  27517
(919) 489-7555
www.hiexpress.com

Sheraton Chapel Hill Hotel
One Europa Drive
Chapel Hill, NC  27517
(919) 968-4900
www.sheratonchapelhill.com

** All these hotels are within 5 miles of the UNC Campus **
ADDITIONAL RESOURCES

UNC Hospital
http://www.unchealthcare.org/site
(919) 966-4131

FastMed Urgent Care
1407 E. Franklin Street
Chapel Hill, NC  27514
http://www.fastmed.com/
(919) 913-0996

UNC Urgent Care
6013 Farrington Road, Suite 101
Chapel Hill, NC  27517
http://uncurgentcare.weebly.com/index.html
(919) 957-6610

UNC Public Safety
http://www.dps.unc.edu/
(919) 962-8100

CVS Pharmacy
137 Franklin Street
Chapel Hill, NC  27514
http://www.cvs.com/
(919) 942-6447

Walgreens
108 E. Franklin Street
Chapel Hill, NC  27514
http://www.walgreens.com/
(919) 918-3801

Dick’s Sporting Goods
5422 New Hope Commons Drive
Durham, NC  27707
http://dickssportinggoods.com/
(919) 493-9884

Chapel Hill Business Bureau
http://www.carolinachamber.org/
(919) 967-7075

Locker Rooms with Shower Access
Available in Fetzer Gym, Woollen Gym, and Rams Head Recreation Center

*For team access contact the Sport Club Office at (919) 843-4770

Outdoor Restroom Facilities
Hooker Fields: full service restrooms
Ehringhaus Field: portable restrooms only