

Event Description: Jingle Bell Jog is a 3 mile fun run or 1.5 mile walk open to all UNC faculty and staff. In previous years, over 500 participants have completed the Jingle Bell Jog either as part of a team or individual. The event promotes physical activity, health and well-being and provides UNC employees with the opportunity to contribute to the Glenwood Elementary Family Assistance Program by making a canned food or pet donation. Free refreshments will be provided for participants after the event. This event is rain, shine or snow!

Date: Friday, December 11, 2009

Time: 12:15PM

Check In: 11:30AM-12:00PM (EVERY team member and individual MUST check in.)

Location: Front of the Student Recreation Center (SRC)

Entries Open: Monday, November 9, 2009

Entries Close: Tuesday, December 8, 2009

On-Site Entries: Accepted until 12:00pm race day. **NO** team registrations will be accepted after December 8th.

Prizes: All participants will be eligible for prize drawings following the run/walk. An award will be given to the team with the most participants. An award will also be given to the team with the most creative costumes celebrating the holiday season.

Donations: Collections will be made for two charities this season: Non-perishable food items will be donated to a local food bank. Non-perishable **pet** items will be donated to the local animal shelters (food, old blankets, leashes, bowls, collars, etc. are all welcome). *Those making a donation to either cause will be eligible for a special drawing.*

How to Register: Individuals and Teams may fill out a form online at campusrec.unc.edu or fill out a paper registration form and submit it in person to 101 SRC or by fax to 919-962-3621. **NO** team registrations will be accepted after December 8th.

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